

NEWS FROM THE GYM: PHYSICAL EDUCATION

&

Kristen
Altstaetter

Dance



Reminder:
Appropriate shoes
are always
needed

K-2 AGENDA

3-4 AGENDA

During the month of February your child will be participating in dance, concentrating on finding the rhythm and staying on beat. They will learn a few line dances, circle dances, and square dances as well. Dancing is all about respect, cooperation, and having good listening skills. We will be reenforcing that daily. Dance is also a fun way to get exercise and stay healthy. After dance we will be moving on to soccer and then gymnastics.

During the month of February your child will be participating in dance, concentrating on finding the rhythm, staying on beat, and creating their own dance with a group of students. They will learn a few line dances and square dances as well. Dancing is all about respect, cooperation, and having good listening skills. We will be reenforcing that daily. Dance is also a fun way to get exercise and stay healthy. After dance we will be moving on to soccer and then gymnastics.

